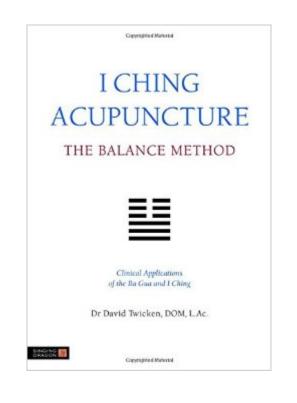
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# I Ching Acupuncture - The Balance Method: Clinical Applications Of The Ba Gua And I Ching





## Synopsis

I Ching Acupuncture - The Balance Method is a system of acupuncture point selection based on the principles of Chinese philosophy and classic Chinese texts, including the I Ching, Nei Jing Su Wen and Ling Shu. In this unique book Dr. Twicken presents classic Chinese philosophical models that explain the relationships between philosophy, Chinese medical principles, acupuncture channels and the human body. The models are the He Tu, Luo Shu Nine Palaces, Early Heaven Ba Gua, Later Heaven Ba Gua, Twelve-Stage Growth Cycle, Stems and Branches and the Chinese calendar. These models and theories clearly show the relationships between the acupuncture channels and the human body and provide guiding theory for acupuncture strategies and point selection. I Ching Acupuncture presents six Balance Methods. This clinically effective system of acupuncture is based on minimal and distal acupuncture treatments. Ching Acupuncture - The Balance Method is a valuable and effective acupuncture system that can complement any practice.

## **Book Information**

Paperback: 320 pages Publisher: Jessica Kingsley Pub; 1 edition (December 15, 2011) Language: English ISBN-10: 1848190743 ISBN-13: 978-1848190740 Product Dimensions: 7 x 0.6 x 10 inches Shipping Weight: 1.3 pounds (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (12 customer reviews) Best Sellers Rank: #487,492 in Books (See Top 100 in Books) #34 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Holistic Medicine #40 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Acupuncture #323 in Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure

### **Customer Reviews**

In this book Dr. Twicken gives the reader a glimpse of the original balance method of acupuncture based on Yi Jing (I Ching) theory as developed by Dr. Chen Chao. Dr. Chen's thinking forms the basis for understanding numerous other acupuncture systems such as Dr. Tan's balance method, and modern interpretations of Tung's acupuncture. The methods presented here by Dr. Twicken are discussed both in terms of theory as well as actual practice, thus making this book appropriate for acupuncturists of all levels of experience. I personally use Dr. Chen's methods frequently in the

clinic and can attest to their incredible efficacy.

I stayed up until 2am reading one night. I'm a total Acunerd so, it fed the hungry questions I'd had since studying the balance method and Master Tung styles of acupuncture. What a treat this book is, Thank you David Twicken!!!

Gives a very good explanation of the theory behind the balance method. You'll still have to take one of Dr. Tan's seminars or learn applications from one of his students, though, for the hands-on part.

This is a book about Dr Chen's Balance Method, which inspired Dr Tan's more commonly known "Balance Method". Those are basicly the same methods, same origin, but different teachings, numerations, etc. Because of Dr Tan's integrate Dr Chen's "Balance Method". A must have must read in every acupuncturist biblio. It has enlightened in a very synthetic way my past studies on Yi Jing and TCM. I am now able to understand the reasons behind the Nei Jing's quotes, and therefore I'm feeling free from stupid memorization. This is a pure, ancient, and above all LOGICAL acupuncture. The books is FULL of simple, understandable, step by step, drawings.PS : for the FuXi vs Wen Baguas, you'll just have to accept things as they are. Brainlogic may have some limits, the code is still to crack...

This book came very fast and is very useful for OM's and layman who want to understand the foundations of the Bagua and Chinese medicine. Also has many useful applications of the Bagua.

I Ching Acupuncture only augments the other books written by the various authors on Balance Method. Well written and easily explained for understanding.

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